

DofE Expedition Kit List

Participants are responsible for all their own belongings.

BBA are not liable for a student losing their own belongings

Students are expected to look after BBA kit as though it were their own



Group Kit:

- Tent (Provided – ours weigh 4.2kg)
- Trangia (Provided – ours weigh 900g)
- Gas (Provided – ours weigh 220g)
- Food and drink – All food and drink is to be provided by the participant, we go through this in the training sessions.
- Map (Provided)
- Compass (Two per group – these will be provided by the school)
- Mobile Phone (Two per group will be used for emergencies only, the remainder will be wrapped and carried by students)
- Camera (optional)
- Sponge x2 soaked in washing up liquid
- Metal Scouring Pad e.g. Brillo Pad
- T-Towel x4
- Bin Liner for rubbish
- 2 Different coloured sharpies.

Personal Kit

- Clothes (no jeans and no “strappy tops” - students wearing these will be asked to change)
- Waterproof jacket
- Waterproof Trousers (optional)
- Warm jumper
- Strong shoes / walking boots (something supportive with a thick sole)
- Hat and Gloves
- Rucksack (provided but bring your own if you have one – minimum size 65 litres – ours weigh 2kg)
- Sleeping Bag
- Roll Mat
- Torch and spare batteries
- Packed lunch
- Dinner for evening meal and breakfast
- Bin liners (for rubbish and for dirty clothes)
- Personal Medication (including paracetamol/Ibuprofen, hayfever tablets, plasters, blister plasters etc.)
- Sweets/Walking snacks
- Cutlery
- Plate
- Cup
- Bowl (optional)
- 2 litres of drinking water for during walk (not a fizzy drink!)
- Sun cream
- Hand Cleansing gel
- Matches

- If we're expecting wet weather you may want to put your sleeping bag in a bin liner/rubble sack and clothes in ziplock bags – spread clothes between bags so they go into small spaces in rucksack.