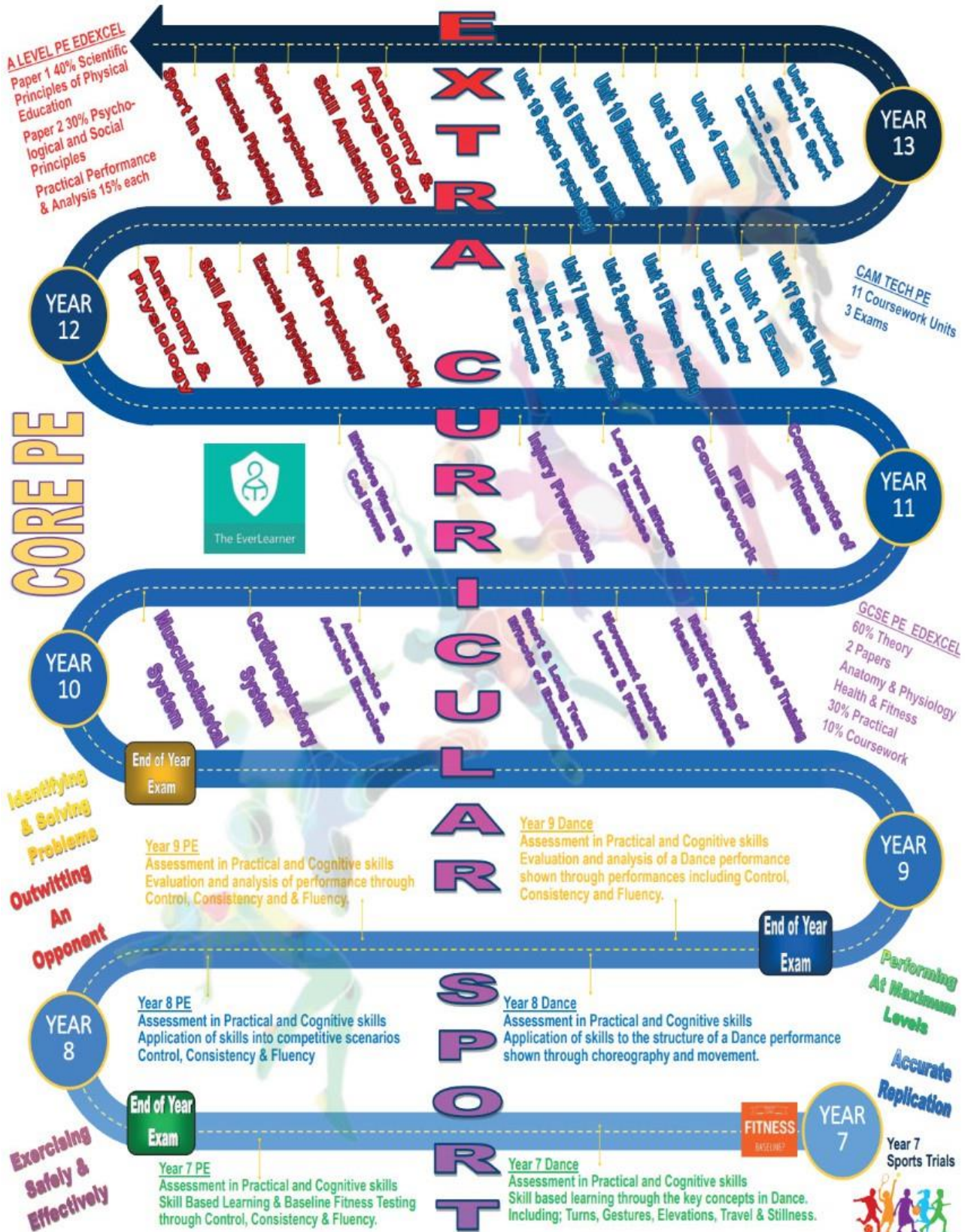


Physical Education Learning Journey

Physical Education is not just about moving the body—it's about empowering the mind, building resilience, and unlocking the strength within.



Netball	Tchoukball
Football	Golf
Rugby	Softball
Hockey	Badminton
Lacrosse	Basketball
Tennis	Gaelic Football



Ultimate	Handball
Rounders	Fitness
Cricket	Dance
Athletics	Gymnastics
Volleyball	Trampoline
OAA	Bench Ball